



Week 1 – Getting Started (Nov 12, 2023)

Many people are intimidated by prayer and ask questions like “What if I say the wrong thing?”. Others find prayer to be boring and lifeless and end up praying because they are “supposed to”. As we walk through the next 3-weeks we want to understand and practice what Jesus taught on the subject of prayer in a way that breathes life into our prayers.

Getting Started:

- Describe something that you have learned to love over time that perhaps was not desirable in the beginning. (example from the message – Nathan and his coffee)

Discussion Questions:

Read Luke 11:1-4

1. Luke makes it clear that Jesus had a certain place where he would pray? Do you have a special place or time for prayer? If so, what makes this place or time work for you?
2. How has your view of prayer changed over time? What have you learned about it?
3. In the message, Nathan discussed three ways in which we can experience relationship with God. 1) Scripture 2) Fellowship with believers 3) Prayer. Of the three, which is an area of strength for you? Which is an area in which you could improve?
4. Why do you pray? The following will be true for all of us at times, but where would you say that your usual motivation to pray comes from:
 - a. Duty – it is what I’m supposed to do (right thing)
 - b. Desire – I love to pray
 - c. Desperation – I pray because I have no other options
5. How would you like this to change?
6. Jesus teaches his disciples, and us, to pray in this way “Our Father”. How does thinking of God as our Father set the tone for our conversation with Him?
7. In the message, Nathan said that when it comes to relationships DELIGHT > DUTY. Discuss some of the ways in which you can learn to delight in the Lord through prayer instead of viewing it only as a duty.
8. Discuss ways in which you can include active listening into your prayer time.

Pray for one another.

Additional Reading: Matthew 6:5-14

